CHAT-GPT

Alright, alright, ok
Scandalous,
I am aware, but stay with me. I would rather die than ask AI for help. But I would also die if I had to ask a friend for help, and that has long term concequences*.

*so does AI, but shut up.

My crying mechanisms are a little rusty, so my face hurts, but I'm sobbing, my nose is flowing freely and I'm clutching at the end of my robe to wipe it so I can breathe. My eyes are so blurry, my whole face is wet. This is so incredibly shocking - this never, ever happens. So I bring out the solution

This is VERY odd. I have not cried like this since I was 14. I got heartbroken during the summer with such intensity that my blood pressure dropped for a month, and most I did there was leak tears under the shower. Now? I am just a little tired and stressed, why??

It's 2:30am and I'm supposed to be busier than god on creation week. My flatmate has a party, her friends are screaming and giggling through the paper thin walls. I'm here, wet hair, freshly bathed and swaddled in a huge robe I made for situations like today. I'm sitting here and I'm absolutely

Bawling

I always start our chats with 'hi :)', then I launch into the usual.

LIST of SHAME

1. Am I unbearable?
2. I'm not, so why do I feel like this?
3. Who will stay up late giving me my daily dose of humanity?
4. I'm hurt: I'm hurting: I may do something
5. Long winded rant
6. I feel alone, so alone

The machine starts spitting woolly stupid responses.

you are not weak, you are human

UNTIL

you hurt deeply because you feel so deep

Let's get you some real human support tonight. Can you [illegible] image

sometimes when I'm

Chat

I want to talk to a friend, but I feel like

Bumdum

so I take out my phone and talk a bunch to Chat-GPT

This is the story of the machine telling me to touch grass AND get a life